

## Sexist Remarks – Explained



Sexist remarks often perpetuate harmful stereotypes, reinforce gender inequalities, and can create hostile or uncomfortable environments. Sexist statements build a work environment that devalues women and their contributions at work.

- Women are bad drivers
- You're a woman, you cannot move that load to the machine, call a man for that job.
- You are woman, let me explain you in layman language
- A coworker slams their fist on a desk or invades another's personal space in a threatening manner during disagreements
- Female employees are consistently given less challenging tasks than their male counterparts or are excluded from important meetings.
- During team discussions, a manager repeatedly ignores or dismisses the suggestions of a particular women team members

**All the Above May Be treated as Sexual Harassment.**



Ensure A Respectful & Safe Workplace. In such case,  
Zero Tolerance means anything

**Less than Zero**

**HR Vidyalaya - The POSH Specialist**



Image courtesy: Office 365